

Pricing Breakdown 2011 1st Quarter

ADULT FITNESS CLINIC (AFC)

Accountability Options	Workouts!	Time Commitment	Price (\$)	Session Rate
Optimal	18	6-weeks	<u>\$270.00</u>	\$15!!!
Committed	16	6-weeks	<u>\$256.00</u>	\$16!!!
Serious	14	6-weeks	<u>\$238.00</u>	\$17!!!
Enthusiast	12	6-weeks	<u>\$216.00</u>	\$18!!!
Right On	10	5-weeks	<u>\$200.00</u>	\$20!!
Sticking With it	8	4-weeks	<u>\$176.00</u>	\$22!!
Getting Going	6	3-weeks	<u>\$138.00</u>	\$23!!
Try Out	4	2-weeks	<u>\$96.00</u>	\$24!!
Stopping By	2	1-weeks	<u>\$50.00</u>	\$25!

Rules and Regulations

1. **MISSED WORKOUTS** cease to exist regardless of why.
2. **SWAP REQUESTS** may be granted if the spot is vacant but a 24 hour notification must be received in order for a swap to be granted. No call no shows are not eligible for a swap. Swaps are only granted in the same week (Monday to Saturday).
3. The **REST PROTOCOL** mandates that one full day must transpire before a participant can attend another clinic workout.
4. The **SPOT RESERVATION** clause allows any current participant an opportunity to reserve their spot before it becomes eligible for purchase. Specific spots will become eligible for purchase by another party two weeks before its end date.
5. **END DATES** are not extended unless a holiday or other closure of OPT caused an unforeseen lose of workout opportunity.
6. The **CONDUCT CODE** explains behavior guidelines that if not followed could result in the termination of any contract.